

WELCOME

FROM YOUR SCHOOL'S
CATERING PROVIDER



Taylor Shaw is the school caterer of choice for thousands of secondary school students across the UK.

We believe lunch is an integral part of the school day. When students sit down with friends, they cement relationships, enhance social skills, and replenish both their body and mind.

Our menus are exciting, nutritious, and appealing, served in a supportive environment designed to educate students about how they can make healthy choices to support their wellbeing and improve their ability to focus.

We regularly introduce new concepts and dishes with strong street food influences that are familiar to students, from Global Flavours featuring amazing cuisines from around the world to Purple Pepper, our vegetarian and vegan inspired range.

Allergen Management

At Taylor Shaw, all our colleagues are trained and up to date with allergen procedures and will provide accurate allergen information to your child.

We ask that your child speaks to our team if they want to know about specific allergens.

Healthy Eating Promotion

Good nutrition choices are vital to students' health, academic achievement, and wider performance at school. Our Healthy Swaps campaign encourages the uptake of healthier items by providing suggestions for more nutritious options that are readily available.



Theme Days

We hold regular theme days and also tailor our food to events happening, such as Mental Health Day where we turned our food yellow for the day. We will be also be making Pudsey cookies for Children in Need.



What's on the Menu

Our menus meet the Government's School food standards and meet the bronze Food for Life standards. 90% of meals are freshly prepared daily. Our service includes:

- ✓ **Club Breakfast** - filling & energising choices to start the day
- ✓ **Make your Break** - snacks and grab & go items
- ✓ **Lunch** - wide range of options; Star Dish, vegan and vegetarian and Hot to Go choices
- ✓ **Cold Grab & Go** - sandwiches, rolls & wraps, pasta pots and snacks
- ✓ **School Bakes** - homemade cakes, cookies, muffins and traybakes



Meals Deal £2.53

Our meal deals are priced at £2.53 and include:

Hot Meal Deal - choose from any hot meal, homemade traybake or fruit pot

Cold Meal Deal - choose from any sandwich or baguette, homemade traybake or fruit pot

Free School Meals

Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Find out how to apply on your local authority's website or contact your school.

An update from our Catering team at the School

It's been a busy start to the school year for us in the kitchen. We have seen our footfall rise considerably and lots of new faces for us get to know. The start of November saw us implement our new Autumn/Winter menu which so far has been a great success.

We also have a hugely popular Grab & Go menu available daily with something different for every day of the week as well as jackets and hot pasta available daily.

We are looking forward to Christmas with our hamper and cookie giveaway. Posters will be appearing in the servery soon with more information.

**From Your Catering Manager
Michelle and Catering team**



Eating a School Lunch is Better for Your Child

5 reasons school lunches are better:

- ✓ Save time & money
- ✓ Nutritionally better than a packed lunch
- ✓ Promotes a varied diet & encourages new tastes
- ✓ Inclusivity, dining with friends
- ✓ Help academic attainment by being linked to improved concentration

Only 1% of packed lunches meet the nutritional standards that currently apply to school food.

Choosing a school meal could save you £11.70 per week.

AVERAGE SCHOOL MEAL COST £2.23

AVERAGE PACKED LUNCH COST £4.57

A recent price comparison survey from School Health UK compared the cost of ingredients needed to provide a packed lunch from Asda, Tesco, Aldi, and Sainsbury's.

With retail food prices continuing to increase the comparisons showed packed lunches are 105% more expensive than school dinners.